



Salt & Light Dinner & Programs

Returns

Wednesday, January 11!

5:45 p.m. Dinner • 6:30 p.m. Programs

Programs for all ages!

NEW FOR 2017!


Join Rev. Rhonda Hobbs for a
Bible study on the Gospel of Luke
each Wednesday
at 10:30 a.m. & 6:30 p.m.

20



17

Happy New Year!



Trinity Herald

Non Profit Organization
U.S. Postage PAID
Knoxville, TN 37950
Permit #203

December 20, 2016

TRINITY UMC
5613 WESTERN AVE.
KNOXVILLE, TN 37921
(865) 588-5763 or 5764 (Church Office)
Fax: 865-588-0103 (Church Office)
(865) 588-6833 (Trinity Child Development Center)
Email: contact@knoxtrinity.org
Webpage: www.knoxtrinity.org
RETURN SERVICE REQUESTED

Discipline? OW!

Rev. Rhonda Hobbs

I drove past a church that had placed signs in their yard along the roadside with individual letters on them that read: “**D I S C I P L E N O W**”. As my mind tried to process the letters while driving, I read it as “*discipline ow*”. I got tickled, leading a disciplined life really does hurt sometimes, but the benefits outweigh the pain. “No pain, no gain” – right?

Discipline doesn’t always feel good. Ask anyone who has successfully undertaken a healthy lifestyle of eating and exercise. This New Year’s Eve as you make (once again) that resolution to transform your body into a healthy, lean machine you know intellectually that it’s not enough to join the gym. *Right?* In order to become a healthier person, you have to actually go to the gym and workout. You have to discipline yourself not to eat that chocolate cake. Ow. Ow. Ow. Now that hurts, but if you are committed, persistent, tenacious, and endure some short-term, temporary pain, you begin to form strong healthy bones and muscles, and lose flabby, useless fat. However, if you just join the gym and never actually go or if you do go to the gym but spend all of your time visiting with friends, your body is not going to be transformed and this time next year, you will be in the same shape you are now. Nope, you have to do the hard work, it takes discipline. Ow.

Since the signs were in a church yard, they must not have been referring to physical discipline. Certainly spiritual discipline can make us say “ow” as well. Being a follower of Jesus’ way of living isn’t for wimps or the faint-hearted. Joining a church is one step to being a follower of Jesus, but just like joining the gym won’t get you in physical shape unless you do the exercises, joining the church alone won’t transform your life. You have to do the spiritual exercises. To be spiritually fit requires regular disciplines of prayer - ow, study - ow, fasting - ow, silence- ow, solitude - ow, self-examination – ow, ow, which leads to conviction and repentance – triple ow. Of course like a massage after a tough workout, there’s the soothing effects of forgiveness which help our souls to relax. But before your spiritual muscles become limp, you hear that inner voice say, “*and you must also forgive your enemies.*” - ouch. Discipline ow is right.

Well you may have already figured this out, but when I was headed back to the interstate, I read the sign again except this time, I figured out that they were promoting a class “Disciple Now”. Either way, I got the message.

Happy New Year!
Rhonda

“Rejoice in this, even if now for a little while you have had to suffer various trials ... you are receiving the outcome of your faith, the salvation of your souls.”

I Peter 1:6-9, NRSV

Prayer Requests

Continuing Prayers

Joanne Stansberry, Kenny Higgins, Rowena Walker
George Seal (father of Scarlet Walker),
Delt Sharp, Gary Sharp, Sherran Key

Prayers for those with recent surgeries and health needs:

Lynn Thomas, Paul Boyer, Marge Fleck, Joe Mischlich,
David Watkins, Jack Woods, Gary Simmons, Jack Shaw,
Charlene Walker, Nancy Kitts, Ellen Ferry, Roberta Fogle,
John Mitchell, Megan Emeheiser, Libby Price,
Joann Rayburn, Rita Raymond, Polly McNutt,
Belle Simms, Charlie Stevens

Continuing Care

Lola Corrier, Mary Heimbaugh,
Nancy Wallace, Sue Woods, George Jack
George Deaton (father of Julius Deaton.)

In the Military

Mathew Chesney
Tim George
Wayne Houser
James Raxter
Ryan Witzak
Bennie Satterfield

Happy Birthday!

1/3	Jeanne Mitchell	1/17	Rusty McGill
1/4	Erin Dunaway	1/18	Nancy Wallace
1/6	Donna Patschke	1/18	Joyce Whedbee
1/7	Jimmy Ooten	1/18	Melinda Ross
1/8	Katherine Forester	1/19	Gary Teams
1/8	Elizabeth Forester	1/20	Chance Bunch
1/9	Joe Cunningham	1/21	Nancy Flynn
1/9	Ann Inabinet	1/22	Russ Fuquay
1/9	Elliott Raxter	1/25	John Bush
1/9	Hunter Deaton	1/26	Peyton Reed
1/11	Betty Keesling	1/26	Herbie Piercy
1/13	Gail Jones	1/27	Jennifer McNeil
1/13	Buddy Judd	1/29	Bill Summers

Altar Flowers Nancy Grissom

The altar flower calendar for 2017 is on the bulletin board in the hallway. Please sign up as soon as possible! When signing up, please print clearly and note how you want the flowers dedicated in the worship bulletin. Altar flowers are \$35. Make checks payable to Trinity UMC and please note "altar flowers" in the memo.

Angel Tree & Socks & Mittens Frances Cunningham

Thank you for all of your presents for Wesley House and for the Socks and Mittens toboggans for Pleasant Ridge and the Wesley House Kids!

Young in Heart Bob & Liz Seaman

Our next Young in Heart meeting is Thursday, January 19 at 10:45 a.m.! Our guest speaker is Howard Blum, a local tennis legend and philanthropist who accepted Christ at the age 82. He will be sharing his testimony with us! See you there!

Two Keys Rev. Brenda Dowell

A woman contemplating her time, once said, "Placing two keys, one for the house and one for the car, on the very same spot on the kitchen counter every time I come into the house may not sound like a very large accomplishment, but it is for me. I have spent too much of my time searching for important things."

She reflected and thought about the two keys. "I see for the first time that having only two keys is one way my life is uncluttered. And what I do each day with the two keys creates a very modest, but successful ritual. The repetition is something I can count on. This small action to help unclutter my life, helps me to have time to do things for others." She picked up her two keys and smiled as she walked out of the house to go have a cup of coffee with her neighbor who really needed some company.

She was reminded of Helen Keller's words, "I long to accomplish a great and noble task, but it is my chief duty to accomplish small tasks as if they were great and noble."

So let us, during this new year, try to be satisfied with best of what and who we are and to celebrate the small tasks we do because they are great and noble. God can make the smallest thing become extraordinary and life-changing. Just think about John 6:9 "There is a boy here who has five barley loaves and two small fish. But what are they among so many?" And Jesus took those small items and fed the multitude.

Find the space and time to embrace what God can do this new year even in the small things.



*Happy New Year,
Rev Brenda*

Chancel Choir Schedule



SUNDAYS

- January 1 No Choir
- January 8 Both Services
- January 15 8:45 only
- January 22 11:00 only
- January 29 Both Services

**Wednesday, January 4 at 7:30 pm.
First Choir rehearsal of the year!!!!**



Music—in—Motion

Hi Music in Motioners. First let me tell you what a great job you all did in our Totally Random Christmas Program. Your sweet voices and your energy was infectious to all. I can't wait to get started in January. Our first Music in Motion rehearsal will be on Sunday, January 15 at 4:00 p.m. Bring a friend to rehearsal and get a special treat!

It is with a joyous heart that the Crafters say a great big THANK YOU to everyone who helped to make our Continuing Craft Sale a huge success. At this point we have cleared over \$2500.00 just for the December sale. We are so grateful for everyone who sees the value in the crafts we are able to make from many repurposed items. Your help in donating some of the materials we use in our crafts helps to keep the costs down. Again, Thank You, and we hope to see you at our next sales in 2017. PS: THE CRAFTERS WILL MEET NEXT ON JANUARY 5, 10 a.m. in the Logos Sunday School room.

SOUPER BOWL SUNDAY, FEBRUARY 5



**Souper Bowl
Sunday**

Be on the lookout for the reservation form for ordering the Homemade Vegetable Beef Soup that will be available for you to take home on the Souper Bowl Sunday, February 5. The soup will be available in quarts for \$8.00 and pints for \$5.00 along with cornbread for \$1.00 a square. YOU HAVE TO COMPLETE A RESERVATION FORM IN ORDER TO TAKE THE SOUP HOME WITH YOU. The forms will be available the first week of January. Funds raised will be for the Youth expenses for Resurrection.

TRINITY FOOD MINISTRY

During your shopping and planning for various events during this Christmas Season, please remember the Trinity Food Ministry with a donation to help purchase the food boxes for the Wesley House seniors and others on an as needed basis. As the temperatures go down most heating bills go up, and for our Wesley House seniors that rise in heat cost leaves them with little for food. Make a donation and have "feel good" experience with your Christmas. MERRY CHRISTMAS TO EVERYONE WHO HELPS THOSE IN NEED!



Mission Trip Randy Hobbs

It's Randy Hobbs. As most of you know I went to Granada, Nicaragua for a month last year and helped install a drip irrigation system for 1,200 avocado trees. It was a total success because of your prayer! There we worked with a wonderful organization called REAP Granada; please check out their website reapgranada.com.

That being said, I feel God is pulling my heart back to Nicaragua to serve. If you look at their site, you will see REAP has many ministries going on. Scott and Jen have asked if I could help supply money for material cost and help build a youth center in the slums to be used as an outreach center to bring the youth to Jesus and a place for bible study for adults. As well as many other projects this coming January. While I am honored and willing, I am scared for this adventure. However, knowing that God is guiding me through this leap of faith, I feel it is time for me to "let go and let God".

Now for the hard part for me, I need your help! With life still ebbing and flowing at home while I will be gone, along with travel expenses and cost of living, I would like to ask for your help. In order to cover my time there, as well as make sure the life I am temporarily abandoning here at home is taken care of, I am looking to raise approximately \$1,800.00. If you would, I am asking you, my family and friends, to prayerfully consider helping me and my cause. If God lays it on your heart to help, in any amount, I would be so very thankful.

If you do wish to give to this journey, please write "Randy Trip" in the memo on your check so the church knows.

Thank you so much for being a person in my life.

God bless,
Randy Hobbs

P.S. Other needs I could take down with me.

1. Sports equipment: soccer balls, softball mitts, cleats, softballs... used equipment will work just fine. So search your attics or basements and put out the call at church and let's see what we can jam in our suitcases.

2. Old iPhone or Samsung phones: if donating one of these it needs to be unlocked and the name and passcode taped to the phone. They don't have to be the newest ones.

3. Spanish bibles: the ministry is growing at such a rapid rate they are in desperate need of Spanish bibles.



The answer is YES YOU CAN!!!

Now is a great time to join the choir. We start back on Wednesday, January 4 with all new music. Give us a try! We would love to have you!!!



Would you like to help by being part of worship? If you would like to be a scripture reader, do skits, sing solos, play service music, dance, draw, paint, or help in sanctuary décor in any way—let us know. Contact Chad at the office—588-5763 or contact Sheryl Howard at 789-7484, and we will hook you up. There is a sign up sheet on a clip board at the welcome center.



*Thanks,
Sheryl*

Church Office Hours & Emergency Food Pantry Changes

Chad Burchett

There are a few changes on the horizon! Along with my new responsibilities as the Church Business Administrator comes the need to make some adjustments to our church office hours. As approved by the Staff Parish Relations Committee, our Monday through Thursday office hours remain at 8:30 a.m. to 5:00 p.m., however, the church office will be closed on Fridays beginning January 1. This will allow me to have time on Fridays to handle my new financial responsibilities such as processing payments.

Another change for 2017 is in regards to the Emergency Food Pantry. Beginning January 1, our Emergency Food Pantry hours will change to Wednesdays only, 9:00 a.m. to 4:00 p.m. Some recipients of the Food Pantry have already been notified and all efforts will be made to ease everyone into the new schedule, while still providing for those in need.

Thank you for your understanding and for entrusting me with these new responsibilities! I look forward to serving Trinity in a greater way in 2017!

Happy New Year!
Chad Burchett

Family Promise

Liz Wright

THANK YOU TRINITY FOR SUPPORTING FAMILY PROMISE HOST WEEK! What a great week we had hosting 4 families at the Foley House (5 adults & 10 children). It couldn't be done without your help cooking meals, hosting in the evenings & overnight & taking on that laundry! A special thank you to our Youth for including all the children in fun & games on Wednesday night. They had a blast! We were able to witness one of those families move into their own apartment at the end of the week--What an exciting time it was and a blessing for us to see what a life changing ministry we are a part of. Our next host week is March 12-19. Please mark your calendars!!!



Resurrection for our Youth is January 20-22!



The theme is "Follow." We will leave the church at 5:30 p.m. on January 20 and return on January 22 at 3:30 p.m. The cost is \$50 with scholarships available if needed. This is a wonderful time for our youth as they explore their spiritual life and fellowship with one another. Resurrection is in Pigeon Forge this year at the LeConte Center. Please keep our youth in your prayers as we experience God at work in their lives during this spiritual weekend. Thank you for all your support of our youth. There will most likely be around 26-27 youth and adults who will attend this trip.

Also, if you would like to come and haven't let me know that yet, please do so as soon as possible. We are going to have so much fun.

Blessings,
Rev Brenda

Resurrection Sunday is January 29!



Join us on this Sunday during the Bridge Worship Service at 11 a.m. as the Youth illustrate how God worked in their lives during their spiritual weekend in Pigeon Forge.



Calling all Crossfire Youth!

We will have a "Special Thank You Dessert Treat" on Wednesday, January 25. This will take place after Dinner. Dinner is from 5:45 p.m.- 6:30 p.m. The treat is from **Mary Heimbaugh** as a thank you gift for coming by her house, singing carols, and blessing her with a gift. She wanted to give the youth a special treat for their kindness to her.



“Salt & Light” Dinner and Programming

Our Wednesday night “Salt & Light” Dinner and Programming for all ages starts again January 11 after our holiday break. Dinner is from 5:45 p.m.- 6:30 p.m. and Programming for all ages begins at 6:30 p.m. Please do not miss this wonderful opportunity to grow spiritually and to fellowship with one another around the table.



Resurrection Meeting for Parents and Youth of Trinity!

If your youth is going to Resurrection, there is a Parent and Youth meeting on Sunday, January 15. This meeting will take place right after the Bridge Worship Service. We will go over rules and information for Resurrection. The meeting will be brief. Please make an effort to attend.

Report from Lay Leadership (Nominations)

With the approval of our Church Council, Lay Leadership will be sponsoring our ministry stewardship campaign (service commitments) during the season of Lent. More information about this campaign and how we can know and best use our spiritual gifts for God’s service in and through Trinity UMC will be coming out early 2017. As part of moving this campaign from the Fall of the year to Lent, we will begin our service commitments on a July to June twelve-month period rather than a calendar year.

What does this mean? If you are scheduled to “roll off” in 2016, Lay Leadership asks that you remain in your elected position until June 30, 2017. As details of our campaign are still in the making we are hoping to assist members to serve where they are most passionate, gifted and called to serve. We look forward to sharing more with you soon!

*Shalom
Rhonda*

Missions Team:
Janice Sabo, Tom Abbott
Witness Team:
Layne Jennings
Teaching and Discipling:
Gail Vandiver
Worship Team:
Jerry Lang
Staff Parish Relations:
Debbie Bunch
Trustees:
Scott Newby
Finance:
Wally Gillespie
Lay Leadership:
Rhonda Hobbs, Brenda Dowell
Communications:
Layne Jennings, Mike Ooten
President – UM Women:
Frances Cunningham
President – UM Men:
TBD
President – UMY:
Jennifer Bezark

Children:
Liana Woods, Tina Freeman
Youth:
Ray Hosack
Young Adult:
Kim Burkley
Older Adult (YIH):
Bob Seaman/Liz Seaman
Adults:
Jo Nodell
Rotation Sunday School:
Tina Freeman
Nursery:
Heather Jennings
Extended Care:
Jerri Dodd
Scouting:
Scott Newby
TCDC:
Randy Hobbs
At-Large Members:
Rita Raymond / Christie Cook /
Drama Robeson

January 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Epiphany Sunday <i>New Year's Day</i> 1 11:00 am New Year's Service <i>Sunday School at the discretion of each class</i>	2 6:00 pm Band of Brothers 7:30 pm Lydia Circle Church Office Closed	3 10:00 am Quilters 5:30 pm Girl Scouts 6:00 pm Joyful Gathering 7:00 pm AA Meeting 7:00 pm Sons of Thunder 7:00 pm Boy Scouts 7:00 pm Young Adults	4 6:30 am Early Birds 6:30 pm Handbells 7:00 pm Choir Rehearsal 8:30 pm Praise Team	5 10:00 am Crafters 6:00 pm Trinity Folks Rehearsal 6:30 pm Girl Scouts	6 <i>Epiphany</i>	7 1:00 pm Girl Scouts Cookie Kick-Off
1st Sunday after Epiphany 8 8:45 am Cornerstone 9:45 am Sunday School 10:00 am Youth Class 11:00 am Bridge Service 2:00 pm Finance Meeting 3:00 pm Church Council 4:00 pm Trustee Meeting	9 6:00 pm Band of Brothers 7:00 pm Cubs	10 6:00 pm Joyful Gathering 6:30 pm Ruth Circle 7:00 pm Abigail Circle 7:00 pm AA Meeting 7:00 pm Sons of Thunder 7:00 pm Boy Scouts 7:00 pm Young Adults	11 6:30 am Early Birds 5:45 pm S&L Dinner 6:30 pm S&L Programs 6:30 pm Youth 6:30 pm Handbells 7:30 pm Choir Rehearsal 8:30 pm Praise Team	12 10:00 am Esther Circle 6:00 pm Trinity Folks Rehearsal 6:30 pm Girl Scouts	13	14
2nd Sunday after Epiphany 15 8:45 am Cornerstone 9:45 am Sunday School 10:00 am Youth Class 11:00 am Bridge Service 12:00 pm Youth Parent Meeting 4:00 pm Music in Motion	Martin Luther King, Jr., Day 16 6:00 pm Band of Brothers 6:00 pm Girl Scouts 7:00 pm Cub Scouts	17 9:00 am Geezers 10:00 am Quilters 5:30 pm Girl Scouts 6:00 pm Joyful Gathering 7:00 pm AA Meeting 7:00 pm Sons of Thunder 7:00 pm Boy Scouts 7:00 pm Young Adults	18 6:30 am Early Birds 5:45 pm S&L Dinner 6:30 pm S&L Programs 6:30 pm Youth 6:30 pm Handbells 7:30 pm Choir Rehearsal 8:30 pm Praise Team	19 10:45 am Young in Heart 6:00 pm Trinity Folks Rehearsal 6:00 pm Holston Homes 6:30 pm Girl Scouts	20	21 8:00 am UMM Breakfast 4:30 pm Emmaus
Newsletter Deadline						
Resurrection January 20-22 • Pigeon Forge, TN						
3rd Sunday after Epiphany 22 8:45 am Cornerstone 9:45 am Sunday School 10:00 am Youth Class 11:00 am Bridge Service 4:00 pm Music in Motion	23 6:00 pm Band of Brothers 6:00 pm TCDC Board Meeting 7:00 pm Cubs	24 6:00 pm Joyful Gathering 7:00 pm AA Meeting 7:00 pm Sons of Thunder 7:00 pm Boy Scouts 7:00 pm Young Adults	25 6:30 am Early Birds 5:45 pm S&L Dinner 6:30 pm S&L Programs 6:30 pm Youth 6:30 pm Handbells 7:30 pm Choir Rehearsal 8:30 pm Praise Team	26 6:00 pm Trinity Folks Rehearsal 6:30 pm Girl Scouts	27	28
Resurrection						
4th Sunday after Epiphany 29 8:45 am Cornerstone 9:45 am Sunday School 10:00 am Youth Class 11:00 am Bridge Service 4:00 pm Music in Motion	30 6:00 pm Band of Brothers 7:00 pm Cubs	31 5:30 pm Girl Scouts 6:00 pm Joyful Gathering 7:00 pm AA Meeting 7:00 pm Sons of Thunder 7:00 pm Boy Scouts 7:00 pm Young Adults				

